

Foodbanks

Foodbank Widnes – 0151 422 0031 EMAIL info@widnes.foodbank.org.uk
<http://widnes.foodbank.org.uk/>

Foodbank Runcorn – 07598264692 (voicemail) / 01928 840068 EMAIL info@runcorn.foodbank.org.uk
<http://runcorn.foodbank.org.uk/>

Wellbeing Enterprises was New Shoots (Healthy Start) – 01928 589 799
<http://www.wellbeingenterprises.org.uk/what-we-do/new-shoots/>

Wellbeing Enterprises are a community organisation set up in 2006 in Halton and St Helens. They provide a range of community based activities for everyone who would like to improve their levels of wellbeing.

Trussell Trust - 01722 580 180 EMAIL enquiries@trusselltrust.org
<http://www.trusselltrust.org/>

The Trussell Trust runs a network of over 400 foodbanks across the UK, giving emergency food and support to people in crisis. Thirteen million UK people live below the poverty line and in the last year we gave 1,084,604 three day emergency food supplies to people in crisis. Thirteen million people live below the poverty line in the UK, with individuals going hungry every day for a range of reasons, from benefit delays to receiving an unexpected bill on a low income. The Trussell Trust's 400-strong network of foodbanks provides a minimum of three days' emergency food and support to people experiencing crisis in the UK. In 2015/16, we gave 1,109,309 three day emergency food supplies to people in crisis.