**01 Background**

“Safeguarding means protecting an adult’s right to live in safety, free from abuse and neglect. It is about people and organisations working together to prevent and stop both the risks and experience of abuse or neglect, while at the same time making sure that the adult’s wellbeing is promoted including, where appropriate, having regard to their views, wishes, feelings and beliefs in deciding on any action”

(Care and Support Statutory Guidance, 2017)

Safeguarding adults should be person centred and outcomes focused.

Halton [SAB website](https://adult.haltonsafeguarding.co.uk/professionals/) for up to date policies.

**Safeguarding Adults**

**7 Minute Briefing– Making Safeguarding Personal (MSP)**

**02 Why it matters**

We want systems that place the emphasis on improving outcomes. People want to be asked what they want to change in their lives to reduce risk of abuse. People want –to be listened to, to have things explained, to be presented with options and to be supported to move on. We want to enable safeguarding to be done with, not to, people and we want a shift from a process supported by conversations to a series of conversations supported by a process.

We want to achieve meaningful improvement in peoples’ circumstances, changes that improve quality of life as well as safety.

**03 Principles of safeguarding**

Prevent- harm and reduce the risk of abuse or neglect to adults with care and support needs.

Protect-Stop abuse or neglect wherever possible

Empowerment and proportional- safeguarding adults in a way that supports them in making choices, and having control, over decisions made.

Accountable and partnership- - Promote an integrated approach that concentrates on improving life for the adults concerned

**06 What works?**

Practice in adult safeguarding work is more successful where practitioners:

\* take time to build rapport and a relationship of trust

\*try to understand the meaning of the situation in the context of their life

\*work at the individual’s pace with regard for patient safety at all times

\*understand the nature of the individual’s mental capacity in respect of personal decisions

\*be honest, open and transparent about the risks and options available

\*engage in effective multi-agency working to ensure interdisciplinary and specialist perspectives, and coordination of work towards shared goals.-practitioners/

\* have a good understanding of local specialist services that patients can be directed to

**07 What to do**

If you are concerned about self-neglect then please discuss the concerns with Adult Social Care within your Borough and the Named Lead for Adult Safeguarding within your service (see below).

In the event of an emergency contact the Police on 101 or 999

**05 Mental Capacity**

Understanding and assessing the adult’s **mental capacity** is crucial.

A capacitated person, who understands the consequences of his /her decisions, may make a conscious and voluntary decision to engage in acts that threaten his/her health or safety as a matter of personal choice. A person without capacity may not understand the consequences of their actions and we have a duty of care to support them.

If the person has capacity it is important to try to maintain engagement.

Where there is very high risk of harm to the person or to others there are legal routes that can be explored

**04 Translating principles into actions**

Ask the patient what they want to happen

Give the patient clear and simple information about what abuse is, how to recognise the signs and how to get help

Involve the patient as much as you can

Work together with local agencies to achieve the best outcomes

Explain your role and that of others involved

Safeguarding lead in your service. Tel:........................................................ Email:……………………………………………

Halton Safeguarding Adults Unit: 0151 907 8306

**7 Minute Briefing action plan – Self Neglect**

**Organisation ……………………………………… Service……………………………………………………………………….**

**Lead………………………………………………. Contact details ……………………………………………………………..**

**What learning or recommendations are relevant to your team, please give details:**

**1 …………………………………………………………………………………………………………………………………………………………**

**……………………………………………………………………………………………………………………………………………………………**

**2 ………………………………………………………………………………………………………………………………………………………….**

**……………………………………………………………………………………………………………………………………………………………**

**3 ………………………………………………………………………………………………………………………………………………………….**

**……………………………………………………………………………………………………………………………………………………………**

**Use this discussion to help plan development/service improvement**

**Action Plan: What actions have been agreed following group discussion ?**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **What need to happen?** | **Who will do it?** | **By when?** | **How will you know when this has been done?** | **How will you know if it has worked?** |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

**Please ensure you keep a copy of this discussion and plan for your records**