

Social Care, Welfare, and Support Services

Police – 101

<http://www.cheshire.police.uk>

Widnes Police - John Briggs House, Gerrard St, Widnes WA8 4BE – GEN ENQ - 0845 458 6374

Runcorn Police – Runcorn Police Station, Halton Lea, Runcorn, WA7 2HG – GEN ENQ - 0845 458 6377

runcorn.lpu@cheshire.pnn.police.uk

Halton CAB – 0845 130 4055 / 0151 257 2449

Widnes - open Monday - Friday 10-1pm and also on Thursdays we offer a late night service 5-7pm. The Widnes office is closed the last Wednesday of every month

Runcorn - Monday, Tuesday, Friday, we are open 10am-1pm. On Thursdays we are open 10am-3pm.

Rays of Sunshine – 0208 7821171 - <http://raysofsunshine.org.uk/>

Rays of Sunshine Children's Charity was formed in 2003 to brighten the lives of children who are living with serious or life-limiting illnesses, between the ages of 3-18, across the United Kingdom. Find out more below about what we do, who we are and how it works.

The Royal British Legion – 0808 802 8080

<http://www.britishlegion.org.uk/get-support/>

We provide practical support to serving men and women, veterans (ex-Service of all ages) and their families. Explore how we can help you and get in touch for advice, information and guidance. We're here to serve you.

SAFFA – 0800 731 4880

<https://www.ssafa.org.uk/>

EMAIL cheshire@ssafa.org.uk – 07766239226

EMAIL Merseyside@ssafa.org.uk – 0151 728 8285

We want our Armed Forces (both Regular and Reserves), veterans and their families to know they can depend on SSAFA for support now and for the rest of their lives. Our values mean we are committed, practical and understanding.

Army of Angels - 01684 274 577

EMAIL info@armyofangels.org.uk

<http://www.armyofangels.org.uk/>

Household Necessities and Personal Items, Providing grants for those in need of help to purchase household items. For example: Providing a washing machine to a Veteran on low income or a hearing aid. Home Alterations, For physically injured personnel we can help those requiring alterations to their existing homes to help them. For example: Providing a grant for a wet room which can assist one of our wounded and make a huge difference in their lives. Rehabilitation Equipment, Providing equipment to help the wounded return to wellness is high on our list of priorities and we endeavor to help as much as we can. Respite Breaks. Army of Angels have acquired three holiday home's which are subsidized by the public holidaying at times in the peak season allowing our heroes to holiday for free. If you would like to book a holiday and help subsidize the respite holidays. Research Grants, Army of Angels provided a grant to Bournemouth University for research in to combat related Post Traumatic Stress Disorder (PTSD). Need a Grant . . . Can we help you? If you are a current or former member of the British Armed Forces who have been injured mentally or physically while serving in conflicts, including veterans of the wars in Europe, the Far East, the Falklands and the Gulf and you are currently experiencing financial hardship, you can apply for grants here.

Cheshire, Halton and Warrington Race and Equality Centre (CHAWREC) – 01244 400730

<http://chawrec.org.uk/>

CHAWREC was founded in 1995 originally as a Racial Equality Council. However, since then we have expanded into dealing with all areas of equality, although we still retain a specialist in race equality work. You can see our history here. Our objectives are to eliminate discrimination, especially racial discrimination and promote equality of opportunity and good relations. You can download a copy of our Articles and Memorandum of Association. Our main area of benefit is the area of old Cheshire, which comprises of the local authority areas of Cheshire West and Chester, Cheshire East, Warrington and Halton. However, some of our services also cover neighboring areas like North Wales and our discrimination casework service is England and Wales wide.

Halton Women's Centre – 01925 576757 -

EMAIL info@therelationshipscentre.co.uk

<http://www.haltonwomenscentre.co.uk/>

The Halton Women's Centre opened in March 2008, it is a three-way partnership between Halton Care Commissioning Group, Halton Borough Council and The Relationships Centre. Halton Women's Centre helps you to help yourself with practical activities and emotional support to improve your mental and physical health and wellbeing. Get that 'feel-good' factor, to improve your self confidence and self-esteem whilst moving forward to achieve your goals and dreams.

Halton Growth and Nutrition Service – 0151 290 4330

EMAIL dietitian@5bp.nhs.uk

<http://www.healthwatchhalton.co.uk/news/halton-growth-and-nutrition-service/>

The Halton Growth & Nutrition Service is a free community based programme by for children aged 4 to 16 who are above their ideal weight. The service, run by the Community Health Service from 5 Boroughs Partnership NHS Foundation Trust, offers a fun way to learn about how to achieve a healthier lifestyle for children and parents too. Referrals to Halton Growth and Nutrition Service can be made by speaking to the child's GP or school nurse

The Barchester Healthcare foundation – 0800 328 3328

<http://www.bhcfoundation.org.uk>

Barchester's Charitable Foundation is a registered charity that helps older people and other adults with a disability across England, Scotland & Wales. This year our focus is about connecting or re-connecting people with others in their local community. Applications that combat loneliness and enable people to be active and engaged will receive our highest priority in 2016

Halton Disability Partnership - 01928 248937 / 07821143446

<http://www.haltondisability.org.uk>

We can provide information and advice about a range of issues of concern to disabled people, their carers and their families. There are three ways to make use of this service. Call in to see us, at our [Runcorn Town Centre](#) base, we are open weekdays 9.30 am to 4.30 pm. Telephone us on 01928 248937 or 07821143446. If we cannot deal with your issue on the phone we can arrange for you to come to our base, or visit you at home. Complete the Referral Form and send to us as an e-mail attachment or post it to us a hard copy: you should talk to us on the phone before completing the Form. Click here to download the Referral Form: [Service-Referral-Form.4](#) E-mail: davidatkinson@haltondisability.org.uk

Halton Carers Centre - Runcorn 01928 580182 / Widnes 0151 257 9673

<http://www.haltoncarers.co.uk>

Halton Carers Centre offer numerous services from Info & Advice to free relaxation therapies, please see our services for more details. How can I register with Halton Carers Centre? It's simply to register! You can either call into or telephone one of our offices and a support worker will go through the registration form. You can download our registration form (under forms & downloads) or you can ask your GP to refer your details directly to us and we can give you a call.

Halton Parent Partnership – SEND Partnership

<http://www.haltonparentpartnership.co.uk/>

Halton **SEND** Partnership is here for you – parents and carers of children and young people who have special educational needs and/or disability. Young people who have special educational needs and/or disability aged from 16 to 25 may also access the service. They may choose to do this with the support of their parents/carers or independently. We have a confidential telephone helpline, with answering service in case we are unable to answer your call first time. We aim to return all messages with 2 working days. Home visits, Drop in sessions and open events across Runcorn and Widnes, Support at meetings, A termly newsletter, We'll explain reports, help you fill in forms and write letters, Through our website you'll find updates on training, events, education news and policies, Signposting to other sources of help, support and advice

Drugs and Alcohol Services (Halton Integrated Recovery Service/CRI – 0151 422 1400

<http://www.changegrowlive.org/content/halton-integrated-recovery-service>

We are a leading charity championing people who have faced hardships such as addiction, homelessness and abuse, and supporting them into recovery. Based in England and Wales, we offer free, confidential treatment and support to anyone who needs us including adults and young people, families and friends, offenders and the wider community.

Deafness Resource Centre – 01744 23887

EMAIL enquiries@deafnessresourcecentre.org

<http://www.deafnessresourcecentre.org/>

The Deafness Resource Centre provides services that aim to empower, support and enhance the quality of life of D/deaf people in the St Helens and Halton areas

Family Fund – 01904 621115 <http://www.familyfund.org.uk/grants>

Family Fund is the UK's largest charity providing grants for families raising disabled or seriously ill children and young people, helping 72,043 families last year with over £33 million of grants and services. We believe that all families raising disabled and seriously ill children and young people should have the same opportunities as others. Beginning with the most vulnerable, those on low incomes, and considering all conditions against our disability criteria, we aim to make a difference to outcomes for children and young people with disabilities or serious illnesses and the lives of the families raising them across the UK. We provide grants for a wide range of items, such as washing machines, sensory toys, family breaks, bedding, tablets, furniture, outdoor play equipment, clothing and computers. It can be a struggle financially, emotionally and physically for families raising a disabled or seriously ill child, and these grants help break down many of the barriers families face, improving their quality of life and easing the additional daily pressures.

CRMZ / Connexions – 0151 257 2520

EMAIL info@crmz.co.uk

Run – 01928 706000 - 9 Orchard Walk/Halton Lea

Wid – 0151 422 9120 - 43 Albert Rd, Widnes, WA86JA

<http://www.crmz.co.uk/connexions/>

Career Connect Connexions support young people to make informed career choices and provide impartial advice on relevant Education, Training or Employment opportunities. To use our service at CRMZ you must be aged 16 to 19 (or up to 25 for young people with Learning Difficulties or Disabilities) and not in education, employment or training (NEET). Career Connect Connexions Advisers are informed on the full range of learning programmes, Apprenticeship opportunities, jobs and College courses within Halton and surrounding areas. We help young people to consider all of the options available and assist them to make an informed choice. We will help young people to choose a path that is relevant, interesting, realistic and more importantly lead them into a positive future. We also support young people that may have barriers to learning, which are preventing them to access Education, Employment or Training

Vision support – 01928 582946

EMAIL HALTON@VISIONSUPPORT.ORG.UK

<http://www.visionsupport.org.uk/index.php/resource-centres/halton>

We work closely with local authorities and other organisations to ensure we reach as many people as possible, offering specialist advice about any issues relating to vision impairment. We also provide a wide variety of services within the local community

Kainos Community – 01928 500797

<http://www.kainoscommunity.com>

We are determined and ambitious – committed to changing the lives of prisoners so that they live crime-free and positively upon release. Kainos Community is a registered charity which has been working in prisons in the UK for the past 10 years. We deliver a 'Challenge to Change Programme' within a community setting, aimed at preventing re-offending behavior through course work, community living, social interaction with volunteers and ongoing individual assessment.

Sure Start to LL – 01928 569477 or 01928 569498

Runcorn Judo Club, Grange way Community and Youth Centre, Grange way, Runcorn, WA7 5HA

<http://www.ss2ll.co.uk>

Since 2007 Sure Start to Later Life has been offering the over 55s in Halton a personalised service to help people:- Maintain or regain independence
Improve health and fitness, Make new friends and get out more, Learn new skills, Remain in their own home, Feel less isolated or lonely, So if it's a tea dance, guitar lessons, or a weekly cup of tea and a friendly face that you're after, let us know. We can come to see you in your own home, or alternatively give us a call and tell us what you need and let us see how we can help you.

Age UK <http://www.ageuk.org.uk/midmersey/> EMAIL enquiries@aukmm.org.uk

Run – 01928 575400

Wid – 0151 424 9000

MIND – 0151 495 3991

<http://www.mind.org.uk>

We provide advice and support to empower anyone experiencing a mental health problem. We campaign to improve services, raise awareness and promote understanding. **We won't give up** until everyone experiencing a mental health problem gets **support and respect**

Alternative Futures - 0151 489 5501 –

EMAIL mail@alternativefuturesgroup.org.uk

<http://www.alternativefuturesgroup.org.uk>

With a strong track record of more than 20 years, we are one of the UK's largest health and social care charities, currently supporting around 1,200 people across the UK and employing over 2,500 staff. We work locally in the community and through our Treatment and Recovery Centres to provide a wide range of innovative and bespoke care services delivering life-enhancing person centred support to people with a diverse range of care needs, including: Learning Disabilities, Physical Disabilities, Mental Health Concerns, Substance misuse issues, Complex care, Autism, Dementia, Young people in transition. Throughout all of our services we focus on personalised support, tailoring services to the needs and aspirations of each individual; supporting them to lead the lives they want as active citizens in their communities. Our services are usually commissioned by NHS Trusts and Local Authorities and may be accessed through GP / Social Service referral but you can find out more by visiting the Our Support Services page.

Red Cross – 0844 871 1111

Local – 01772 707300

<http://www.redcross.org.uk/Where-we-work/In-the-UK/Northern-England/Lancashire-Merseyside-and-Greater-Manchester>

The British Red Cross helps people in crisis, whoever and wherever they are. We are part of a global voluntary network, responding to conflicts, natural disasters and individual emergencies. We help vulnerable people in the UK and abroad prepare for, withstand and recover from emergencies in their own communities.

Home Office Asylum – 0300 123 1690

EMAIL asylumsupportIAReferrals@homeoffice.gsi.gov.uk

<https://www.gov.uk/browse/visas-immigration/asylum>

You may be able to get housing and money to support you and your family while you're waiting to find out if you'll be given asylum. This also means your children will go to a free state school and you may get free healthcare from the National Health Service (NHS). You can still [apply for short-term support](#) if you've been refused asylum and are preparing to leave the UK. Call an [asylum helpline](#) for free help with asylum support or short-term support.

Refugee Action – 0808 800 0630

EMAIL info@refugee-action.org.uk

<http://fis.wandsworth.gov.uk/kb5/wandsworth/fsd/service.page?id= IP6TXfPOZ8>

Refugee Action is an organisation working to help refugees and asylum seekers. This Service is for anyone affected by the issues surrounding refugees and asylum seekers. Refugee Action offers : advice about claiming asylum; the asylum process; asylum support; and assisted voluntary return.

The Fred Pendlebury Trust Legacy – 01925 652228

<http://opencharities.org/charities/242863>

PROVIDING FINANCIAL ASISTANCE FOR INDIVIDUALS, AGED 50 AND OVER, BORN OR LIVING IN WARRINGTON. FUNDING OF SOME WARRINGTON COMMUNITY GROUPS WHO CATER FOR PEOPLE AGED 50 AND OVER.