

Safeguarding Adults Week 2021 - 7-minute briefings

Background

The theme for the National Safeguarding Week 2021 is “Creating Safer Cultures”.

Promoting safer cultures is all about how organisations and individuals can take steps to minimise harm occurring in the first instance, whilst simultaneously ensuring correct policies and procedures are in place so that safeguarding concerns that are raised, are recognised and responded to effectively.

What to do

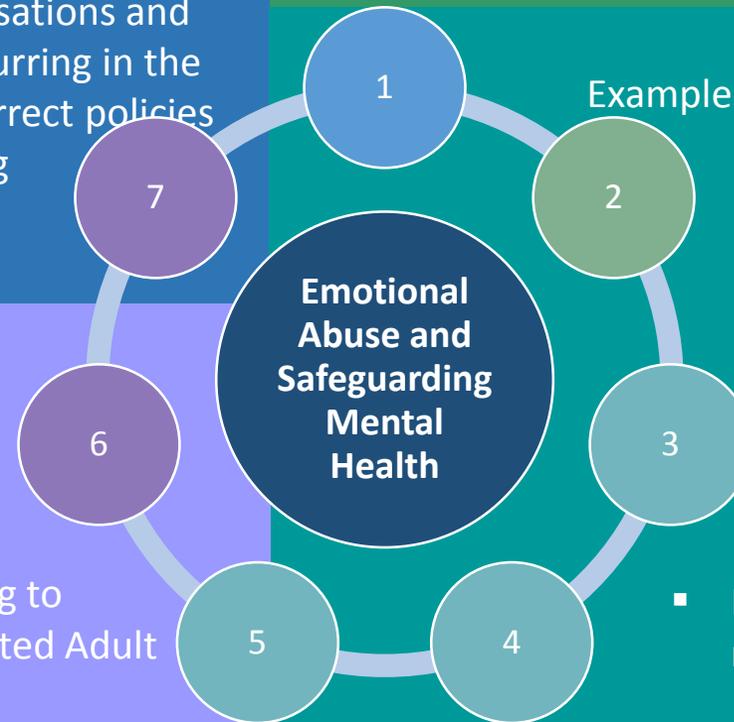
It is also a good idea to look for signs that someone might be an abuser. Uncooperative or aggressive behaviour from a carer is a red flag.

If you suspect that emotional abuse is happening to someone, you should report it to Halton Integrated Adult Safeguarding Unit by calling **0151 907 8306**.

If someone is in immediate danger, you should always call **999** for emergency assistance.

Why it Matters

Emotional abuse can have a devastating impact on mental health as well as physical health. To have safer cultures, we need to prioritise wellbeing and create a culture where people can speak out, be listened to and respected.



Examples of emotional abuse include:

- Threats of harm or abandonment
- Deprivation of contact or refusal of visitors
- Humiliation
- Restricting personal choice and refusing to respect privacy
- Blaming, controlling, or intimidating behaviour
- Coercion and harassment
- Verbal abuse, or the use of infantilising language
- Removing mobility or communication aids
- Forced isolation, withdrawal from services or support networks

Cyber bullying can also be an example of emotional abuse – click [here](#) to find out more about what cyber bullying is.

The following are all possible indicators of emotional abuse :

- An air of silence or discomfort when a particular person is present
- Withdrawal, or a change in the psychological state of the person
- A change of appetite, or unexplained weight loss or gain

Information