



Cheshire and Merseyside

Guide to accessing the e-learning for health modules.

Trauma-Informed Practice (Joining instructions on Page 2)

- In the search bar, enter: All Our Health
- Scroll down to: All Our Health: Vulnerabilities and Trauma-Informed Practice
- Select Enrol, then select Play

About the module:

A free, bite-sized session providing an overview of vulnerabilities across the life course, including key evidence, data, and links to trusted resources to support prevention, protection, and the promotion of wellbeing.

Safeguarding Adults – Levels 1, 2, 3, and 4

- Use the search bar and enter the relevant level, e.g. SGA 1, SGA 2, etc.
- Select Enrol, then Play
- Note:
 - Safeguarding Adults Level 3 will redirect to the NHS Learning Hub—follow the on-screen instructions to continue.

Recommended levels:

- **Level 2** – suitable for most roles
 - **Level 3** – suitable for senior lead roles
 - **Level 4** – suitable for safeguarding leads
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Safeguarding Adults – Volunteers Training

- In the search bar, enter: Volunteer learning
- Scroll to: Safeguarding Adults for Volunteers
- Select Enrol, then Play

Important Note

These modules are designed primarily for health colleagues, but the content and safeguarding principles are relevant and applicable across all sectors.

❖ Step 1

Access the e-lfh platform by clicking this link or typing the web address into your browser

<https://www.e-lfh.org.uk>

❖ Step 2

On the blue banner at the top of the page click Register/log in

❖ Step 3

Select sign in if you already have an account or register to create an account

❖ Step 4

Sign in once you have created an account

❖ Step 5

Once signed in, on the blue banner at top of page click into 'search the e-learning' and type in as directed above for chosen subject.

❖ Step 6

Select the module to undertake the training